

Ruo Ying Feng

Ph.D. Candidate in Clinical Psychology
514-792-4528 | ruo.feng@uottawa.ca | ruoyfeng.github.io

EDUCATION

| | |
|---|------------------|
| University of Ottawa | Ottawa, Canada |
| Doctor of Philosophy, Clinical Psychology | 2021-Present |
| Children, Adolescents, and Families Concentration | |
| Dissertation: <i>Barriers and facilitators to mental health help-seeking and service use among immigrant youth: A mixed-methods investigation</i> | |
| Supervisor: Dr. Irene Vitoroulis | |
| Committee members: Drs. Jeffrey Quan, Nicole Racine, and Elisa Romano | |
| McGill University | Montreal, Canada |
| Bachelor of Arts (Honours), Psychology | 2017-2021 |
| Minor in Computer Science | |
| Graduated with First Class Honours | |
| Honours thesis: <i>Assessing test-retest reliability and convergent validity across four implicit association measures</i> | |
| Supervisor: Dr. Jordan Axt | |

HONOURS & AWARDS

Research Funding

| | | |
|-----------|---|-----------|
| \$115,000 | Canada Graduate Scholarship-Doctoral (CGS D) Social Sciences and Humanities Research Council (SSHRC) | 2023-2026 |
| \$100,000 | Bourse de doctorat en recherche (<i>Declined</i>) Fonds de recherche du Québec – Société et culture (FRQSC) | 2023-2027 |
| \$15,000 | Ontario Graduate Scholarship (OGS) (<i>Declined</i>) Government of Ontario and University of Ottawa | 2023-2024 |
| \$35,000 | Bourse de maîtrise en recherche (<i>Declined Year 1</i>) Fonds de recherche du Québec – Société et culture (FRQSC) | 2022-2023 |
| \$17,500 | Canada Graduate Scholarship-Master's (CGS M) Social Sciences and Humanities Research Council (SSHRC) | 2021-2022 |

Awards

| | | |
|----------|---|-----------|
| \$36,000 | University of Ottawa Admission Scholarship (Doctoral) | 2022-2026 |
| \$1,500 | Canadian Psychological Association (CPA) Scientific Affairs Committee Student Research Grant | 2024 |
| \$7,500 | University of Ottawa Admission Scholarship (Master's) | 2021-2022 |
| N/A | Networks 2021: A joint Sunbelt and NetSci Conference Poster Talk Award | 2021 |
| \$300 | Tomlinson Engagement Award for Mentoring (TEAM) | 2021 |
| \$1,500 | Équipe Violence Sexuelle et Santé (ÉVISSA) Summer Research Scholarship | 2020 |
| \$3,500 | McGill Psychology Undergraduate Research Award (PURA) | 2020 |
| \$4,000 | McGill Faculty of Arts Research Internship Award (ARIA) | 2019 |

CLINICAL EXPERIENCE

Children's Hospital of Eastern Ontario (Eating Disorders Program) Ottawa, Ontario
Practicum Student September 2025-March 2026

- *Supervisors:* Drs. Irene Hong and Alison Farrell-Reeves
- Conducted clinical interviews for adolescents presenting with eating disorders and complex co-morbidities in a tertiary care outpatient setting.
- Collaborated within a multidisciplinary team to inform diagnosis and develop treatment plans.
- Provided Family-Based Therapy (FBT) to adolescents diagnosed with eating disorders and their families.
- Attended bi-weekly individual supervision meetings to discuss case conceptualization, treatment progress, and treatment planning.

Centre for Psychological Services and Research, University of Ottawa Ottawa, Ontario
Practicum Student May 2022-February 2026

- *Supervisors:* Drs. Annie Lamonde, Darcy Santor, Cary Kogan, and Julie Desjardins
- Conducted clinical interviews; administered, scored, and interpreted measures and tests; wrote integrated psychoeducational and psychodiagnostic assessment reports; provided feedback, diagnoses, and recommendations to children, adolescents, and adults presenting with ADHD, emotion regulation, depression, generalized anxiety, social anxiety, substance use, and trauma.
- Provided individual therapy to children, adolescents, and adults presenting with anxiety, depression, substance use, suicidality, trauma, emotion regulation, and behavioural challenges using CBT and DBT.
- Provided EFFT sessions to parents/caregivers of school-aged children.
- Conducted risk assessments and safety planning.
- Monitored progress through administration and interpretation of measures of client distress (i.e., GAD-7, CUDOS, OQ-45.2, Y-OQ 2.0) and therapeutic alliance (i.e., Session Rating Scale).
- Attended weekly individual/group supervision meetings to discuss case conceptualization, battery planning, recommendations, treatment progress, and treatment planning.

Kanata Psychology and Counselling Centre Ottawa, Ontario
Practicum Student September 2024-August 2025

- *Supervisor:* Dr. Rebecca Moore
- Conducted clinical interviews; administered, scored, and interpreted measures and tests; wrote integrated psychoeducational assessment reports; provided feedback, diagnoses, and recommendations to school-aged children presenting with mood, anxiety, and neurodevelopmental disorders (i.e., learning disorders, autism spectrum disorder, ADHD).
- Provided individual therapy to children and adolescents presenting with anxiety, depression, OCD, emotion regulation, and behavioural challenges, using a range of therapeutic modalities (CBT, ERP, Client-Centered, Systemic).
- Provided EFFT sessions to parents/caregivers of preschool- and school-aged children.
- Attended weekly group supervision meetings to discuss case conceptualization, battery planning, recommendations, treatment progress, and treatment planning.

Ottawa Institute for Cognitive-Behavioural Therapy Ottawa, Ontario
Practicum Student September 2023-August 2024

- *Supervisors:* Drs. Golnaz Ghaderi and Nick Schubert
- Provided individual therapy to adults presenting with challenges around mood, anxiety, and OCD using CBT, schema therapy, and ERP.
- Attended weekly individual supervision meetings to discuss case conceptualization, treatment progress, and treatment planning.
- *Intensive Treatment Program (ITP) rotation (6 months):*

- Provided weekly coaching sessions to adults presenting with severe depression, anxiety, and suicidality using CBT approach with strategies from DBT and ACT.
- Co-facilitated CBT- and ACT-based group intervention for adults presenting with depression, anxiety, and OCD.
- Attended weekly rounds with ITP team to discuss treatment progress and planning.
- *Intensive Assessment rotation (6 months):*
 - Conducted clinical interviews; administered, scored, and interpreted diagnostic interviews (i.e., MINI, SCID-5); wrote integrated psychodiagnostic assessment reports; provided feedback, diagnoses, and recommendations to adults presenting with symptoms of ADHD, social anxiety, generalized anxiety, panic disorder, depression, PTSD, and substance use.
 - Attended weekly individual supervision meetings to discuss case conceptualization, battery planning, and recommendations.

Ottawa-Carleton District School Board

Ottawa, Ontario

Practicum Student

January 2023-June 2023

- *Supervisor:* Dr. Krista Edwards
- Conducted clinical interviews; carried-out school observations; administered, scored, and interpreted measures and tests; wrote integrated psychoeducational assessment reports; provided feedback, diagnoses, and recommendations to school-aged children presenting with neurodevelopmental disorders (i.e., learning disorders, autism spectrum disorder, ADHD, intellectual disabilities).
- Provided individual therapy to adolescents presenting with anxiety and depression challenges using brief manualized CBT treatment (i.e., Show Me FIRST).
- Monitor progress through administration and interpretation of measures of therapeutic alliance (i.e., Session Rating Scale).
- Collaborated with a multidisciplinary team to co-facilitate two group interventions: 1) coping skills using CBT and art therapy and 2) Supporting Transition Resilience of Newcomer Groups (STRONG) for refugee and immigrant students presenting with challenges with mood, anxiety, and acculturation stress.
- Attended weekly individual supervision meetings to discuss case conceptualization, battery planning, recommendations, treatment progress, and treatment planning.

Centre for Research on Educational and Community Services, University of Ottawa

Ottawa, Ontario

Practicum Student

January 2022-January 2023

- *Supervision:* Dr. Tim Aubry
- Delivered in-person and virtual evidence-based workshops on stress management, mental health, and strategies from Acceptance Commitment Therapy (ACT) to high school students, undergraduate students, graduate students, and adults in the community.
- Participated in program development and evaluation of existing workshops.
- Engaged in knowledge mobilization and social media outreach by creating evidence-based infographics.
- Led development of workshop on mental health stigma in response to need identified by graduate students at the University of Ottawa. Consulted with expert in stigma, reviewed literature on evidence-based stigma reduction programs, and piloted workshop with students.
- Attended bi-weekly group supervision meetings with licensed community-clinical psychologist.

TESTS ADMINISTERED

Achenbach Child Behavior Checklist (CBCL)

Adult ADHD Self-Report Symptom Checklist (ASRS)

Autism Spectrum Rating Scale (ASRS)

Beery-Buktenica Developmental Test of Visual-Motor Integration, Sixth Edition (BEERY VMI)

Behavior Assessment System for Children, Third Edition (BASC-3)

Child and Adolescent Perfectionism Scale (CAPS)
 Childhood Autism Rating Scale, Second Edition (CARS-2)
 Children's Yale-Brown Obsessive-Compulsive Scale (CY-BOCS)
 Clinically Useful Depression Outcome Scale (CUDOS)
 Comprehensive Test of Phonological Screening, Second Edition (CTOPP-2)
 Connors Continuous Performance Test, Third Edition (Connors CPT-3)
 Conners Rating Scales, Fourth Edition (Conners 4)
 Copeland Symptom Checklist for Attention Deficit Disorders
 General Anxiety Disorder-7 Scale (GAD-7)
 Kaufman Assessment Battery for Children, Second Edition (KABC-II)
 Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS)
 Life Satisfaction Index
 Mini International Neuropsychiatric Interview (MINI)
 Multidimensional Anxiety Scale for Children, Second Edition (MASC 2)
 Patient Health Questionnaire-9 (PHQ-9)
 Personality Assessment Inventory – Adolescent (PAI-A)
 Rey Complex Figure Test and Recognition Trial
 Structured Clinical Interview for DSM-5 Disorder (SCID-5)
 Test of Everyday Attention for Children, Second Edition (TEA-CH2)
 Vineland Adaptive Behavior Scales, Second Edition (Vineland-II)
 Wechsler Adult Intelligence Scale- Fourth Edition (WAIS-IV)
 Wechsler Individual Achievement Test, Third Edition (WIAT-III)
 Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V)
 Wechsler Preschool and Primary Scale of Intelligence, Fourth Edition (WPPSI-IV)
 Wender Utah Rating Scale (WURS)
 Wide Range Assessment of Memory and Learning, Third Edition (WRAML-3)
 Youth Outcomes Questionnaire 2.0 (Y-OQ 2.0)

TRAINING & CERTIFICATIONS

Training

| | |
|--|------|
| Strength-Based Interview for Behaviour for ADHD – Children’s Hospital of Eastern Ontario | 2024 |
| KSADS Training – University of Ottawa | 2023 |
| SCID Training – University of Ottawa | 2022 |
| Introduction to Structural Equation Modeling in R – D. Bauer & P. Curran | 2021 |
| Introduction to MPLUS – E. Todorov | 2021 |
| Ego-network analysis in R – R. Vacca | 2019 |

Certifications

| | |
|---|------|
| How to Provide Antiracist Mental Health Care – Canadian Psychological Association | 2025 |
| Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans | 2020 |

LEADERSHIP & COMMUNITY ENGAGEMENT

Psychology Students for Systemic Transformation (PSST), University of Ottawa Ottawa, Ontario
 VP Communications September 2024–Present

- Disseminate information about EDI initiatives within the School of Psychology and advertise events celebrating student body's diversity (e.g., Lunar New Year and Black History Month).
- Develop and execute communications strategy by scheduling social media content and optimizing audience engagement.
- Contribute to planning and decision-making during bi-weekly executive meetings.

1/5 Initiative, University of Ottawa

Ottawa, Ontario

Volunteer

September 2021-August 2024

- Delivered in-person and virtual evidence-based workshops on stress management, mental health, sleep, and strategies from Acceptance Commitment Therapy (ACT) to high school students, undergraduate students, graduate students, and adults in the community.
- Participated in program development and evaluation of existing workshops.
- Completed and led development of a workshop focused on mental health stigma in response to a need identified by graduate students at the University of Ottawa.

1/5 Initiative, University of Ottawa

Ottawa, Ontario

Communications Director

September 2023-May 2024

- Developed and executed communications strategy by scheduling social media content about mental health and optimizing audience engagement.
- Led and managed Communications Team. Supervised creation and dissemination of evidence-based infographics about mental health.
- Engaged in knowledge mobilization and social media outreach by creating evidence-based infographics.

Graduate Association of Students in Psychology (GASP), University of Ottawa

Ottawa, Ontario

Student Life Representative

October 2021-May 2024

- Led and managed Social Committee to organize social events to foster connections among graduate students in the Experimental and Clinical Psychology programs (e.g., Wellness Month, Holiday Party).
- Managed social media account by creating engaging posts to advertise social events and opportunities within the School of Psychology.
- Contributed to planning and decision-making during bi-weekly executive meetings.

Institute for Cultural-Clinical Psychology (ICCP)

Ottawa, Ontario

ICCP X IACCP Speaker Series Committee

April 2022-April 2023

- Coordinated and executed a virtual speaker series in collaboration with cultural psychology laboratories across Ontario and Quebec.
- Contacted cultural psychologists and mental health professionals to present on topics relevant to cultural-clinical practice.
- Designed promotional materials and developed a targeted outreach strategy to advertise events.

Telehealth Intervention Program for Older Adults (TIP-OA)

Montreal, Canada

Volunteer

October 2020-August 2021

- Provided weekly, supportive telehealth calls to older adults experiencing social isolation, mental health challenges, and cognitive issues.
- Utilized active listening and motivational interviewing techniques to assess well-being and build rapport.
- Offered resource navigation and provided information on COVID-19 support services, food and medication delivery, and mental health resources.

McGill Students' Nightline

Montreal, Canada

Volunteer

September 2020-April 2021

- Provided immediate, confidential, and non-judgmental support, information, and referrals to students via a 24/7 phone and chat service.
- Applied skills in active listening and crisis intervention to de-escalate situations and provide non-professional guidance.

McGill Student Association for Collaborative Mental Healthcare

Montreal, Canada

Core Member

September 2020-April 2021

- Collaborated in bi-weekly case conference meetings to analyze and discuss complex mental health cases within a collaborative care framework.
- Contributed to the development and planning of student-led projects, workshops, and educational events focused on collaborative mental healthcare.

Douglas Mental Health Institute

Montreal, Canada

Volunteer

June 2019-March 2020

- Conducted weekly friendly visits with patients diagnosed with schizophrenia.
- Facilitated activities, including readings and discussions, to promote cognitive stimulation and social interaction.

OSMOSE IFMSA-Québec

Montreal, Canada

Volunteer Workshop Facilitator

October 2019-December 2019

- Delivered psychoeducational workshops on mental health (e.g., depression, anxiety, eating disorders) to elementary and high school students.
- Provided practical strategies for maintaining mental wellness and mental health resources at the school, local, and provincial level.

RESEARCH EXPERIENCE

Culture, Diversity, and Youth Development Lab, University of Ottawa

Ottawa, Ontario

Graduate Research Assistant

September 2021-Present

- *Supervisor:* Dr. Irene Vitoroulis
- Design and conduct SSHRC-funded dissertation project investigating barriers to help-seeking and service use among immigrant youth using mixed-methods approach.
- Mentor and supervise undergraduate and junior graduate students in research protocols, data analysis, and thesis/manuscript writing.
- Led a pilot study on social relationships, discrimination, and well-being among university students from inception to dissemination, including ethics approval, study implementation, data analysis (SPSS, R), and authorship on peer-reviewed publications and conference presentations.
- Managed community-based research project in collaboration with local community organization, including coordinating data collection, conducting qualitative interviews with immigrant mothers and their adolescents, and analyzing qualitative data using thematic analysis.
- Co-developed and co-delivered culturally sensitive parenting workshops for mothers of immigrant adolescents.

Social Research and Demonstration Corporation (SRDC)

Ottawa, Ontario

Research Consultant

August 2023-October 2023

- *Supervisor:* Dr. Ashley Pullman
- Conducted systematic literature review to identify K-12 interventions in Canada that improve post-secondary education access and/or labour market outcomes.
- Updated existing literature review on associations between family background and neighborhood effects on access to post-secondary education in Canada.
- Compiled annotated bibliography and summarized literature with brief overviews.

Center for Research on Children and Families, McGill University
Graduate Research Assistant

Montreal, Quebec
August 2020-January 2023

- *Supervisor:* Dr. Monica Ruiz-Casares
- Conducted statistical analysis using MICS and DHS data on prevalence of non-adult child supervision in low-income countries and associations with mothers' education.
- Performed data collection, entry, and coding of policy data.
- Contributed to peer-reviewed publications and conference presentations.

Resilience, Adversity and Childhood Trauma (ReACT) Lab, McGill University
Research Coordinator

Montreal, Quebec
May 2020-August 2021

- *Supervisor:* Dr. Rachel Langevin
- Coordinated a quantitative and qualitative study on childhood adversity, maternal relationships, and pregnancy outcomes.
- Managed participant recruitment and scheduling, assisted with ethics applications, and conducted data entry and literature reviews.
- Contributed to peer-reviewed publications and conference presentations.

Language and Multilingualism Lab, McGill University
Undergraduate Research Assistant

Montreal, Quebec
May 2019-May 2021

- *Supervisor:* Dr. Debra Titone
- Designed and conducted undergraduate thesis investigating bilingual language attitudes using social network analysis. Disseminated findings through first-authored peer-reviewed publications and conference presentations.
- Implemented survey using Network Canvas, EgoWeb 2.0, and JavaScript.
- Recruited and tested participants, performed data analysis and visualization in R, and contributed to peer-reviewed publications and conference presentations.

McGill Intergroup Cognition Lab, McGill University
Honours Thesis Student

Montreal, Quebec
September 2020-April 2021

- *Supervisor:* Dr. Jordan Axt
- Led Honours project assessing the psychometric properties of implicit association measures.
- Conducted advanced statistical analyses in R (i.e., meta-analysis) and disseminated findings through peer-reviewed publications and conference presentations.

Psychopathology and Psychoanalysis Lab, Kyoto University
Undergraduate Research Assistant

Kyoto, Japan (remote)
April 2020-April 2021

- *Supervisor:* Dr. Nicolas Tajan
- Supported research project on the influence of culture and migration on the epidemiology of schizophrenia by conducting comprehensive literature reviews and assisting with data analysis and manuscript writing.

McGill Group for Suicide Studies (MGSS), McGill University
Undergraduate Research Assistant

Montreal, Quebec
August 2019-March 2020

- *Supervisor:* Dr. Gustavo Turecki
- Assisted with a neuropsychiatry study on the gut-brain axis in depression by piloting questionnaires, translating consent forms, and supporting ethics applications.

TEACHING EXPERIENCE

| | |
|--|---|
| PSY 3126 (Cultural Psychology), University of Ottawa Teaching Assistant | Ottawa, Ontario January 2026-April 2026 |
| PSY 3102 (Interpersonal Relationships), University of Ottawa Teaching Assistant | Ottawa, Ontario January 2026-April 2026 |
| PSY 3171 (Psychopathology), University of Ottawa Teaching Assistant | Ottawa, Ontario September 2025-December 2025 |
| PSY 1101 (Introduction to Psychology: Foundations), University of Ottawa Teaching Assistant | Ottawa, Ontario May 2025-June 2025 |
| PSY 3171 (Psychopathology), University of Ottawa Teaching Assistant | Ottawa, Ontario January 2025-April 2025 |
| PSY 3171 (Psychopathology), University of Ottawa Teaching Assistant | Ottawa, Ontario September 2024-December 2024 |
| PSY 1101 (Introduction to Psychology: Foundations), University of Ottawa Teaching Assistant | Ottawa, Ontario September 2024-December 2024 |
| PSY 3303 (Personality), University of Ottawa Teaching Assistant | Ottawa, Ontario June 2024-July 2024 |
| PSY 1101 (Introduction to Psychology: Foundations), University of Ottawa Teaching Assistant | Ottawa, Ontario September 2023-December 2023 |
| PSY 2105 (Child Development), University of Ottawa Teaching Assistant | Ottawa, Ontario May 2023-June 2023 |
| PSYC 537 (Advanced Psychology of Language), McGill University TEAM Peer Mentor | Montreal, Quebec January 2021-April 2021 |

PUBLICATIONS

Peer-reviewed

Vitoroulis, I., Buchan-Pham, C., **Feng, R. Y.**, Abu-Obseh, F., Andrews, N. C. Z., Guimond, F.-A., Ryder, A. G., & Santo, J. B. (2026). Racial microaggression and anxiety in young adults: The moderating role of social support networks. *International Journal of Behavioral Development*, 0(0). <https://doi.org/10.1177/01650254261416399>

Ruiz-Casares, M., **Feng, R. Y.**, Zamani, N., Iwo, R., Janus, M., Twum-Danso Imoh, A., & Nazif-Muñoz, J. I. (2025). Children supervising children across low-and middle-income countries: the role of mothers' education. *Humanities and Social Sciences Communications*, 12(1), 1-14. <https://doi.org/10.1057/s41599-025-05008-2>

Feng, R. Y., Knight, S., Bolton, V., Buchan-Pham, C., & Vitoroulis, I. (2024). Mental health and bias-based bullying and cyberbullying among young adults with intersectional identities. *International Journal of Bullying Prevention*, 1-9. <https://doi.org/10.1007/s42380-024-00260-7>

- Feng, R. Y.**, Krygsman, A., Vaillancourt, T., & Vitoroulis, I. (2023). Experiences of racial microaggression among immigrant and Canadian-born young adults: Effects of double stigma on mental health and service use. *International Journal of Social Psychiatry*, 69(7), 1723–1735. <https://doi.org/10.1177/00207640231174374>
- Feng, R. Y.**, Tiv, M., Kutlu, E., Gullifer, J. W., Palma, P., O'Regan, E., Vingron, N., Doucerain, M. M., & Titone, D. (2024). A systems approach to multilingual language attitudes: A case study of Montréal, Québec, Canada. *International Journal of Bilingualism*, 28(3), 454–478. <https://doi.org/10.1177/13670069221133305>
- Rodriguez, C., **Feng, R. Y.**, & Vitoroulis, I. (2023). Racial discrimination during the COVID-19 pandemic and mental health of young adults: A cross-sectional study of university students from East Asian backgrounds. *University of Ottawa Journal of Medicine*, 13(1). Advance online publication. <https://doi.org/10.18192/uojm.v13i01.6413>
- Axt, J., Buttrick, N., & **Feng, R. Y.** (2023). A comparative investigation of the predictive validity of four indirect measures of bias and prejudice. *Personality & Social Psychology Bulletin*, 1461672221150229. Advance online publication. <https://doi.org/10.1177/01461672221150229>
- Rodriguez, C., **Feng, R. Y.**, Campbell, Z., Poitras, M., & Vitoroulis, I. (2022). Racial discrimination, cultural processes, and mental health among individuals from Asian backgrounds during COVID-19: A narrative review. *University of Ottawa Journal of Medicine*, 11(2), 24–33. <https://doi.org/10.18192/uojm.v11i2.5975>
- Rodriguez, C., **Feng, R. Y.**, & Vitoroulis, I. (2022). Study protocol: Racial discrimination, cultural processes, and wellbeing among Asian university students. *University of Ottawa Journal of Medicine*, 11(2), 17–23. <https://doi.org/10.18192/uojm.v11i2.6065>
- Tiv, M., Kutlu, E., Gullifer, J. W., **Feng, R. Y.**, Doucerain, M. M., & Titone, D. A. (2022). Bridging interpersonal and ecological dynamics of cognition through a systems framework of bilingualism. *Journal of Experimental Psychology: General*. Advance online publication. <https://doi.org/10.1037/xge0001174>
- Tiv, M., Gullifer, J. W., **Feng, R. Y.**, & Titone, D. (2020). Using network science to map what Montréal bilinguals talk about across languages and communicative contexts. *Journal of Neurolinguistics*, 56, 100913. <https://doi.org/10.1016/j.jneuroling.2020.100913>
- Feng, R. Y.** (2020). Implications of reciprocity in the evolution of ethnocentrism and cooperation. *McGill Science Undergraduate Research Journal*, 15(1), 24–29. <https://doi.org/10.26443/msurj.v15i1.6>

Book Chapters

- Faber, S. C., Williams, M. T., **Feng, R. Y.**, & Abdulrehman, R. Y. (in press). Ethnic and Racial Identity in Cognitive-Behavioral Therapy: Protective and Therapeutic Benefits. In *Cognitive and Behavioral Interventions with Ethnoracial Groups: Clinical Strategies and Techniques*. CBT: Science Into Practice. Springer Nature.
- Williams, M. T., **Feng, R. Y.**, Faber, S., & Abdulrehman, R. Y. (2025). Building a positive racial and ethnic identity: Implications for Mental Health and Treatment Engagement. In: E. Goetter et al. (Eds.), *Optimizing Treatment Engagement Processes in CBT for Anxiety and Related Disorders*. Cognitive Behavior Therapy: Science into Practice Series. Springer Nature.

Reports

- Pullman, A., Dubois, M., Ford, R., & **Feng, R. Y.** (2024). *Effects of student and family background characteristics on post-secondary education access, persistence, and completion, and labour market outcomes in British Columbia: Final report*.

Social Research and Demonstration Corporation. <https://www.srdc.org/wp-content/uploads/2022/11/BC-PSE-outcomes-report-FINAL.pdf>

CONFERENCE PRESENTATIONS

Peer-reviewed

Feng, R. Y., & Vitoroulis, I. (June 2026). Why don't they seek help? Understanding help-seeking intentions in first- and second-generation immigrant youth. Paper presented at Canadian Psychological Association (CPA)'s 87th Annual National Convention. Montreal, Canada.

Vitoroulis, I., Sylvestre, J., Racine, N., Ryder, G. A., Yilmaz, E., **Feng, R. Y.,** Buchan-Pham, C., Kotch, G., Corsini-Munt, S. (April 2026). Parenting relationships in newcomer families with adolescents. Poster presented at Children's Mental Health Ontario 2026. Toronto, Canada.

Iwo, R., **Feng, R. Y.,** Nazif-Muñoz, J. I., Janus, M., Zamani, N., & Ruiz-Casares, M. (September 2024). Children as caregivers in low- and middle-income countries. Paper presented at the Children's Lives: International Conference on Children and Their Families Using the Multiple Indicator Cluster Surveys (MICS). Bristol, United Kingdom.

Ruiz-Casares, M., Mansouri, S., **Feng, R. Y.,** Zamani, N., Iwo, R., Janus, M., Twum-Danso Imoh, A., & Nazif-Muñoz, J. I. (September 2024). Children as caregivers in low- and middle-income countries. Paper presented at the Children's Lives: International Conference on Children and Their Families Using the Multiple Indicator Cluster Surveys (MICS). Bristol, United Kingdom.

Vitoroulis, I., Krygsman, A., Buchan-Pham, C., Eriksson, M., **Feng, R. Y.,** Abu-Osbeh, F., & Vaillancourt, T. (July 2024). Experiences of racial microaggression and mattering among adolescents. In T. Vaillancourt (Chair), *Bullying and Belonging*. Research symposium presented at the International Society for Research on Aggression (ISRA) World Meeting 2024. Munich, Germany.

Feng, R. Y., Buchan-Pham, C., Abu-Osbeh, F., Saade, T. M., & Vitoroulis, I. (June 2024). Investigating barriers and sources of help-seeking among immigrant and non-immigrant adolescents. Poster presented at the Canadian Psychological Association (CPA)'s 85th Annual National Convention. Ottawa, Canada.

Ruiz-Casares, M., Iwo, R., Zamani, N., **Feng, R. Y.,** Janus, M., Twum-Danso Imoh, A., Mansouri, S., Correa Pereira, C., Sultana, T., Mohammed, A., & Nazif-Muñoz, J. I. (February 2024). *Socio-Ecological Indicators of Non-Adult Supervision in Low- and Middle-Income Countries*. Research panel presented at the 9th Conference of the International Society for Child Indicators. Bhubaneswar, India.

Feng, R. Y., & Vitoroulis, I. (July 2022). Mental health and victimization among “double minority” young adults with multiple intersectional identities. Paper presented at the International Society for Research on Aggression (ISRA) World Meeting 2022. Ottawa, Canada.

Feng, R. Y., Krygsman, A., Vaillancourt, T., & Vitoroulis, I. (July 2022). Experiences of racial microaggression among immigrant and Canadian-born young adults: Effects of double stigma on mental health and service use. Poster presented at the International Society for Research on Aggression (ISRA) World Meeting 2022. Ottawa, Canada.

Rodriguez, C., **Feng, R. Y.,** & Vitoroulis, I. (July 2022). Racial discrimination during the COVID-19 pandemic and mental health of young adults: A cross-sectional study of university students from East Asian backgrounds. Poster presented at the International Society for Research on Aggression (ISRA) World Meeting 2022. Ottawa, Canada.

Vaillancourt, T., Brittain, H., Krygsman, A., Farrell, A., & the **uOttawa Brain and Behaviour Laboratory** (July 2022). Places to avoid 2.0: An updated population-based study of student reports of high bullying areas at school. Poster presented at the International Society for Research on Aggression (ISRA) World Meeting 2022. Ottawa, Canada.

Feng, R. Y., & Vitoroulis, I. (July 2022). The role of social network structure on mental health among immigrant and non-immigrant emerging adults. Poster presented at Sunbelt 2022: the XLII Social Networks Conference of the International Network for Social Network Analysis (INSNA). Cairns, Australia.

Tiv, M., Gullifer, J. W., **Feng, R. Y.**, Titone, D. (August 2021). Mapping Montreal bilingual topics of conversation with network analysis. Paper presented at the 2021 Language Policy and Planning (LPP) Conference. Virtual.

Feng, R. Y., Tiv, M., Kutlu, E., Gullifer, J., Palma, P., O'Regan, E., Vingron, N., Doucerain, M., & Titone, D. (July 2021). Investigating bilinguals' language attitudes through a Systems Approach: The role of social networks and neighbourhood-level language exposure. Poster presented at Networks 2021: A joint Sunbelt and NetSci Conference. Virtual.

Tiv, M., Kutlu, E., Gullifer, J., **Feng, R. Y.**, Doucerain, M., & Titone, D. (July 2021). Capturing 'Bilingualism in Flux' through a novel Systems Framework. Paper presented at the 13th International Symposium on Bilingualism. Virtual.

Kern, A., Langevin, R., Khoury, B., Frederickson, A., **Feng, R. Y.** (June 2021). The associations between childhood maltreatment and pregnancy complications: a systematic review and meta-analysis. Poster presented at the World Association for Infant Mental Health 2021 World Congress. Virtual.

Kern, A., Langevin, R., Khoury, B., Frederickson, A., **Feng, R. Y.** (May 2021). A systematic review and meta-analysis of pregnancy complications following child maltreatment. In R. Langevin (Chair), *Intergenerational impacts of child maltreatment*. Research panel presented at the 2021 Child and Youth Trauma Symposium. Virtual.

Feng, R. Y., Tiv, M., Kutlu, E., Gullifer, J., Palma, P., O'Regan, E., Vingron, N., Doucerain, M., & Titone, D. (May 2021). Assessing language attitudes in Montréal through a Dynamic Systems Approach. Poster presented at the annual Centre for Research on Brain, Language and Music (CRBLM) Scientific Day. Virtual.

Tiv, M., Kutlu, E., Gullifer, J., **Feng, R. Y.**, Doucerain, M., & Titone, D. (February 2021). Bridging personal and ecological language dynamics with Network Science. Poster presented at the annual meeting of the Society for Personality and Social Psychology. Virtual.

Tiv, M., Gullifer, J., **Feng, R. Y.**, & Titone, D. (November 2020). The talk of the town. A network approach to characterizing bilingual conversational topics in Montreal. Paper presented at the annual meeting of the Psychonomic Society. Virtual.

Tiv, M., Kutlu, E., Gullifer, J., **Feng, R. Y.** & Titone, D. (November 2020). Bridging personal and ecological language dynamics using Network Science. Poster presented at the annual meeting of the Psychonomic Society. Virtual.

Tiv, M., Gullifer, J., **Feng, R. Y.**, & Titone, D. (August 2020). Mapping the dynamics of bilingual conversational topics with network science. Poster presented at the NSERC-Create Symposium in Nonlinear Dynamics of Brain and Behaviour. Virtual.

Tiv, M., Gullifer, J., **Feng, R. Y.**, & Titone, D. (June 2019). Using network analysis to estimate bilingual L1 and L2 lexical interconnectedness. Poster presented at the 39th Sunbelt Social Networks Conference of the International Network for Social Network Analysis (INSNA). Montreal, Canada.

Other Presentations

Feng, R. Y., Corsini-Munt, S., & Vitoroulis, I. (December 2024). Maintaining strong relationships with adolescents: Culture, immigration, and parenting. Workshop presented at Immigrant Women Services Ottawa. Ottawa, Canada.

Feng, R. Y., & Vitoroulis, I. (November 2023). Maintaining strong relationships with adolescents: Culture, immigration, and parenting. Workshop presented at Immigrant Women Services Ottawa. Ottawa, Canada.

Feng, R. Y., & Vitoroulis, I. (April 2022). Maintaining strong relationships with adolescents: Culture, immigration, and parenting. Workshop presented at Immigrant Women Services Ottawa. Ottawa, Canada.

Feng, R. Y., Axt, J. (April 2021). Assessing test-retest reliability and convergent validity among four implicit association measures. Poster presented at the McGill Department of Psychology Undergraduate Poster Session. Virtual.

Feng, R. Y., Tiv, M., Kutlu, E., Gullifer, J., Palma, P., O'Regan, E., Vingron, N., Doucerain, M., & Titone, D. (March 2021). Examining the personal and ecological language dynamics of Montréal bilinguals' language attitudes with social network analysis. Poster presented at the McGill Faculty of Science Undergraduate Poster Showcase. Virtual.

Feng, R. Y., Tiv, M., Gullifer, J., & Titone, D. (January 2020). Network analysis on bilingual interactional contexts and lexical interconnectedness. Poster presented at the McGill Faculty of Arts Undergraduate Research Event. Montreal, Canada.

SKILLS & METHODS

Languages: Fluent to conduct therapy in English and French. Conversationally fluent in Mandarin.

Programming: R, HTML, Java, LISP, JavaScript, SQL, C

Analysis: Social Network Analysis, Hierarchical Regression Modelling, PCA, EFA

Behavioral software: Inquisit, Open Sesame, Network Canvas, EgoWeb 2.0

Eye Tracking: EyeLink eye-tracker & SR Research software (Experiment Builder, Data Viewer)

MEMBERSHIPS & PROFESSIONAL AFFILIATIONS

Canadian Psychological Association (CPA)

American Psychological Association (APA)

International Society for Research on Aggression (ISRA)

Promoting Relationships and Eliminating Violence Network (PREVNet)

International Network for Social Network Analysis (INSNA)

The Network Science Society (NetSci)